

Get Involved

Together we can support people young and old, and their families, to become safe, strong, and connected.

Will You Donate?

Your donation will help us address needs in the community that are not being met by other organisations. No amount is too small; all gifts are very much appreciated. To donate, go to:

www.psuffersouth.org.nz/donate

Volunteer with Us

Our volunteers make a difference every day as:

- Day programme assistants
- Social visitors to older people in their homes
- Drivers
- Minivan assistants (non-driving)
- Mentors for children and young people

To learn more about volunteering for Presbyterian Support in your community, contact a local Service Centre (see back page). Or visit our website:

www.psuffersouth.org.nz/volunteer

▼ OUR SERVICES ▼

enliven

 FamilyWorks

CHRISTCHURCH
Corporate Office
44 Bealey Ave
PO Box 13171
Christchurch 8013
Tel 03 366 5472

Linwood Harakeke Club
601 Gloucester Street
Christchurch
Tel 03 389 1728

Youth Service
1/433 St Asaph Street
Christchurch
Tel 03 365 0341

Riccarton Clubs
7-7a Harakeke Street
Harakeke Club: 03 348 2666
Tōtara Club: 03 348 1790

MARLBOROUGH
22 Alfred Street
Blenheim
Tel 03 577 9005

MID CANTERBURY
215 Tancred Street
Ashburton
Tel 03 308 5868

NORTH CANTERBURY
258 High Street
Rangiora
Tel 03 313 8588

WEST COAST
8 Frickleton Street
Greymouth
Tel 03 768 7158

NELSON
360 Annesbrook Drive
Stoke
Tel 03 547 9350

Visit us online at:

www.psuffersouth.org.nz

Presbyterian Support

Community Services
in the Upper South Island



Presbyterian Support is a not-for-profit social services organisation.

Presbyterian Support (Upper South Island) covers Mid Canterbury, West Coast, Selwyn, Christchurch, North Canterbury, Nelson, and Marlborough. Our services vary by region so we can meet each community's unique needs, **especially for the frail elderly and vulnerable young.**

We provide practical support, while connecting people with one another and their community. **When people are connected**, they can reach out to their networks for help to overcome future challenges, and **they are more able to be part of their community.**

Our Mission/Ngā Aronga Matua

Supporting children, young people, families, whānau, and older people to be safe, strong and connected.

Our Services:



Family Works supports children, young people, and families and whānau. Our work is about empowering people to help themselves as they face the inevitable challenges of family life, and to work with them so they can flourish.

Family Works provides:

- Office-, school-, and community-based social work, counselling, and psychologist services
- Family Dispute Resolution
- Parenting support (including group programmes) and education
- Social Workers in Schools (SWiS) Programme
- Mentoring
- Pacific community liaison and health promotion
- Youth Service (incl. Youth Payment and Young Parent Payment)
- Family Works volunteer support
- Financial capability support (budgeting)

Whiria ki te tangata. / Weave the people together.



At Enliven we believe some things make for a healthier, happy life no matter what your age: control of your own life, a home of your own choosing, relationships with family and whānau, participation in the community, and access to support when you need it.

Enliven provides:

- Full- and part-day activity programmes (Harakeke / Tōtara Clubs and HomeShare)
- Community social work and support
- Falls prevention education
- Older person volunteer support, including transport services
- Elder Care Canterbury
- Earthquake support co-ordination
- Kaiawhina
- Partnership Community Workers
- Financial capability support (budgeting)